



To learn more, please visit us at: **MillerChildrens.org/injuryprevention** 

## **PARENTS**

It is your job to nurture and teach your child to become a safe and experienced driver. It is important that you are informed, set expectations, and have rules for responsible driving. You play a key role in modeling safe driving practices that will guide your children. Some safe-driving recommendations include:

Get Informed: Update yourself on roadside laws regarding teen driving requirements.
Open Conversation: Have a clear discussion on the privileges of driving before your child gains their license.
Driving Agreement: Create a form on what is expected of them when they begin driving.
Stay Involved: Monitor your teen's driving by setting aside time each day to ride with them.
Be a Role Model: Your child will follow your

example. Be sure to show your own safe

driving practices before requiring it from them!

## **TEENS**

Driving is a new world full of possibilities and great responsibility! Becoming a licensed driver is both understanding the rules of the road and recognizing the seriousness of this new privilege. Here are some tips to make sure you are ready:

- Understand the Laws: Make sure you follow all the rules for the road including:
  - Wear a seat belt
  - Always stay within the speed limit
  - Obey traffic lights, signs and road markings
  - Know the rules for teen driving in your state
- Stay Focused: Along with your driver's license, keep your vehicle free from distractions like:
  - No using a cell phone to talk or text
  - No loud music or wearing earphones
  - No eating or drinking while driving
  - No driving while drowsy or impaired
  - Nothing that can cause you to lose focus
- **Be Responsible Always:** Being a safe driver is all about making good decisions.